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| Student Name (First Last):       Staff Initials:       Date:       |
| Esthetics Degree |
| Associate of Applied Technologies Degree (AAT)  |
| **Admissions Date:** Fall, Winter, Spring and Summer quarters. **Program Counselor:** carolyn.vanbeek@cptc.edu |
| **Contact email:** maureen.shields@cptc.edu; melissa.siedlicki@cptc.edu; jennifer.whipple@cptc.edu  |
| *AAT Required General Education Courses* | **Credits** | **Quarter****Taken** |
| COLL 102 College Success For All  | 3 |       |
| ENGL& 101 English Composition (or higher), **or** CMST& 220 Public Speaking ***(pre-req ENG 094 or placement)*** | 5 |       |
| PSYC& 100DIV (or other diversity course) | 5 |       |
| Any 100-level Math Course ***(pre-req MAT 092 or 094 or placement scores) or*** MAT 111 Math for Cosmetology and Esthetics Professions ***(Preferred)*** ***(pre-req MAT 092)*** | 5 |       |
| BIOL& 175 Human Biology w/Lab **OR** BIOL& 160 General Biology w/Lab ***(pre-req ENG 094 or placement scores)*** | 5 |       |
|  ***AAT Required General Education Courses Total Credits*** | ***23*** |  |
| ***\*Indicates a course appropriate for a first-quarter student*** |
| Technical Program Courses | **Credits** | **Quarter Taken** |
| Qtr. 1 |  ES 105 Anatomy and Physiology for Estheticians\* | 2 |       |
|  ES 110 Histology and Physiology of the Skin\* | 4 |       |
|  ES 113 Introduction to Cosmetic Chemistry\* | 3 |       |
|  ES 116 Medical Chart Notation and Medical Terminology for Estheticians\* | 4 |       |
|  ES 120 Skin Diseases and Disorders\* | 5 |       |
|  ES 123 Bacteriology, Salon Safety and Sanitation\* | 4 |       |
| Qtr. 2 |  ES 114 Facial Procedures4 | 5 |       |
|  ES 118 Temporary Hair Removal | 4 |       |
|  ES 130 Makeup Applications | 2 |       |
|  ES 132 Skin Care and Body Treatments3 | 4 |       |
|  ES 134 Machine Facials | 4 |       |
|  ES 137 Spa Clinic Operations | 1 |       |
| Qtr. 3 |  ES 136 Microdermabrasion and Superficial Peels | 4 |       |
|  ES 140 Clinical Applications 1 | 7 |       |
|  ES 145 Corrective Concealing Makeup | 3 |       |
|  ES 154 Advanced Skin Care and Massage Techniques | 5 |       |
|  ES 159 Intro to Bus. Planning and Professional Dev. | 1 |       |
| Qtr. 4 |  ES 141 Clinical Applications 2 CL | 5 |       |
|  ES 149 Laser Theory and Applications  | 5 |       |
|  ES 150 Medium Depth Peels | 2 |       |
|  ES 153 Advanced Cosmetic Chemistry for Estheticians CL | 3 |       |
|  ES 157Business Plan & Professional Development CAP | 2 |       |
|  ES 158 State Board Prep | 2 |       |
| ***Esthetics Technical Program Courses Credits*** | ***81*** |  |
| ***Total Credits for Completion*** | ***104*** |  |
| **Identify additional preparatory math or English courses you may need to take: If placement scores are below English 91 and/or Math 92, contact the Adult Basic Education (ABE) for classes, Building 10 (253) 589-5702** |
| **Developmental Math** |
| * MAT 092 Pre-Algebra ***(must complete prior to MAT 105, MAT 103, MAT 111)***
 | 5 |       |
| * MAT 094 Introduction to Algebra ***(must complete prior to, MAT 108)***
 | 5 |       |
| * MAT 099 Intermediate Algebra ***(must complete prior to MAT 110, MATH& 141, MATH& 146)***
 | 5 |       |
| **Developmental English** |
| * ENG 091 Basic Reading & Writing
 | 5 |       |
| * ENG 094 Advanced Reading & Writing
 | 5 |       |
| Quarterly Self Planning Grid |
| **Quarter 1** | **Quarter 2** | **Quarter 3** | **Quarter 4** |
| Class:       | Class:       | Class:       | Class:       |
| Class:       | Class:       | Class:       | Class:       |
| Class:       | Class:       | Class:       | Class:       |
| Class:       | Class:       | Class:       | Class:       |
| **Quarter 5** | **Quarter 6** | **Quarter 7** | **Quarter 8** |
| Class:       | Class:       | Class:       | Class:       |
| Class:       | Class:       | Class:            | Class:       |
| Class:       | Class:       | Class:       | Class:       |
| Class:            | Class:       | Class:       | Class:       |
| **Notes:**       |

***\*Please check in periodically with Advising and Counseling regarding any potential changes to program course requirements***